

Memory and modularity in cell-fate decision making

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Genetically identical cells sharing an environment can display markedly different phenotypes. It is often unclear how much of this variation derives from chance, external signals, or attempts by individual cells to exert autonomous phenotypic programs. By observing thousands of cells for hundreds of consecutive generations under constant conditions, we dissect the stochastic decision between a solitary, motile state and a chained, sessile state in *Bacillus subtilis*. We show that the motile state is ‘memoryless’, exhibiting no autonomous control over the time spent in the state. In contrast, the time spent as connected chains of cells is tightly controlled, enforcing coordination among related cells in the multicellular state. We show that the three-protein regulatory circuit governing the decision is modular, as initiation and maintenance of chaining are genetically separable functions. As stimulation of the same initiating pathway triggers biofilm formation, we argue that autonomous timing allows a trial commitment to multicellularity that external signals could extend.

Cell-fate decisions often result from explicit extracellular triggers^{1–3}. It is now appreciated that internal stochastic fluctuations^{4–10} can also drive a cell to switch fates even in the apparent absence of external signals^{11–17}. Neighbouring cells in the developing gonad of *Caenorhabditis elegans* compete to become ventral uterine or anchor cells¹⁸, and subpopulations of growing *Escherichia coli* cells probabilistically enter a quiescent, antibiotic-resistant state^{14,19}. But whether occurring in the body of a nematode or in shaking culture, these decisions take place against a backdrop of environmental change driven by continued growth. With rising interest in quantitative properties of gene networks^{20,21}, one central question is how much of a cell’s behaviour can be attributed to the environment and how much to the internal program, that is, the behaviour the network would implement were the environment fixed.

A prototypical situation arises in the conversion of bacteria from free-living, planktonic cells into sessile, multicellular communities known as biofilms^{22,23}. Like many complex fates, biofilm formation is a product not just of a cell’s individual behaviour, but also of reinforcement by environmental cues created by nutrient depletion, the production of matrix²⁴, quorum sensing²⁵, and hypoxia²⁶. Here we use a microfluidic device to investigate the earliest stages of multicellular growth by the soil bacterium *Bacillus subtilis*. Our approach removes confounding environmental influences while allowing for high-throughput quantitative imaging, thereby revealing the cell’s internal programs of development.

B. subtilis provides a natural model system for decision making. During the exponential phase of growth, it exists in two states: as individual, motile cells and as long, connected chains of sessile cells²⁷. Switching between these states has been thought of as a bet-hedging strategy^{28–30}, with motile cells acting as foragers and chains representing periodic attempts to settle down and start a colony. At the heart of the decision is a simple three-protein network between SinI, SinR and SlrR (refs 31, 32). Commitment to each state is controlled by a double-negative feedback loop in which SinR represses the *slrR* gene, and SlrR binds to and titrates SinR (Fig. 1a). Motility corresponds to the SlrR^{low} state in which SinR represses the gene for SlrR and other chaining-associated genes. Chaining occurs during the SlrR^{high} state in which

SlrR forms a complex with SinR, both titrating its activity against chaining genes and redirecting it to repress motility-associated genes³³. Although both states are present during exponential growth, the chained state is strongly reinforced during biofilm formation by further antagonism of SinR by SinI, which is produced in response to environmental signals^{34,35}. This three-gene network thus supports a two-state process of decision making that can be influenced by environmental signals.

Visualizing fate switching in real time

Microfluidic systems that allow individual cells to be imaged over time as the growth medium is replenished provide an excellent opportunity to examine autonomous developmental programs. Extracellular signalling is removed, and cells cannot accumulate and starve themselves. Building on previous studies^{14,36–40}, we constructed microfluidic channels from polydimethylsiloxane (PDMS, Fig. 1b) that were sized to accommodate chains of *B. subtilis* (75 μm long and 1.6 μm wide). A unique feature of our design is the shallow side channels that surround the cells, creating a ‘bath’ of medium that enables efficient feeding over long length scales⁴¹. The channels are closed on one end, and on the other they empty into a feeding channel that supplies fresh medium (by diffusion) and washes away excess cells as they are pushed out by growth. To prevent cells from swimming out of the channels, the ability of the flagellum to generate force was disrupted through a straight flagellum mutation⁴².

Only motile cells expressed the flagellin gene (Supplementary Video 1) as visualized with a P_{hag} -*mKate2* reporter (coloured green), and only chains expressed matrix genes as visualized with a P_{tapA} -*cfp* reporter (coloured red). We therefore used these reporters as proxies for the corresponding phenotypic states. *B. subtilis* interconverted between the motile and chained states while growing in the channels (Fig. 1c and Supplementary Video 2), leading to anticorrelated flagellin and matrix gene expression. In keeping with the premise that the chains had switched to the SlrR^{high} state, imaging of *slrR* (visualized with a P_{slrR} -*mKate2* reporter, artificially coloured green) and matrix coexpression

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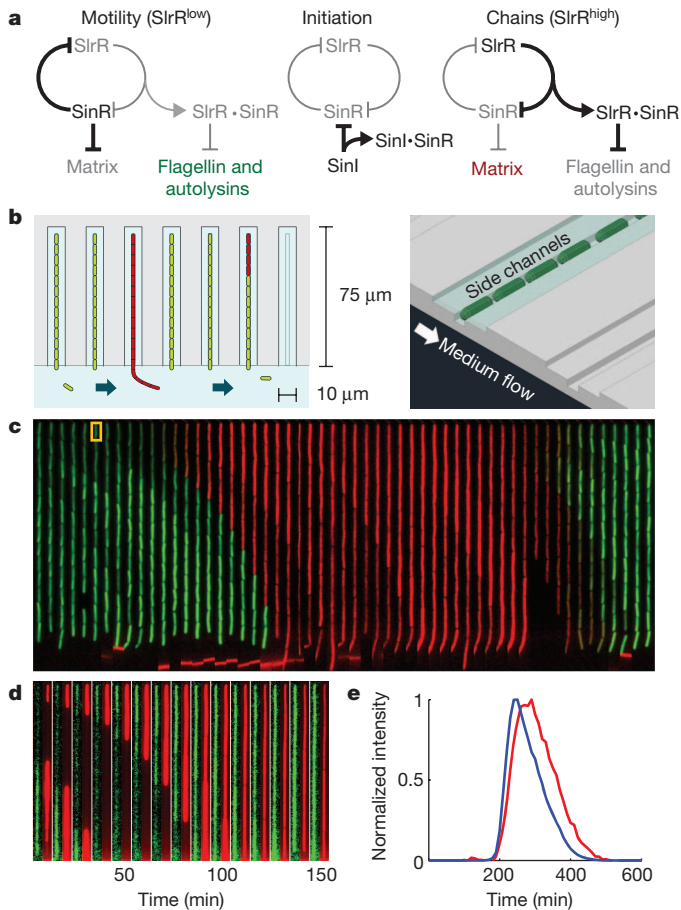


Figure 1 | Tracking cell-fate switching in *Bacillus subtilis*. **a**, Genetic logic governing the motile and chained states. **b**, Top and isometric schematics of microfluidic channels in which individual bacteria are held. Channels connect to a larger channel through which medium is continuously replaced and excess cells are washed away. **c**, Kymograph showing a single cell (highlighted in yellow) of strain TMN690 ($P_{hag-gfp} P_{tapA-mKate2} hagA233V$) transitioning from motile growth (marked in green by expression of a $P_{hag-gfp}$ reporter for flagellin) to chained growth (marked in red by expression of a $P_{tapA-mKate2}$ reporter for matrix expression). Frames are taken 10 min apart. **d**, Kymograph showing co-expression of matrix and *slrR* reporters in TMN1180 cells ($P_{tapA-cfp} P_{slrR-mKate2} hagA233V$). **e**, Average co-expression profiles of matrix (blue curve) and *slrR* (red curve) reporter expression in chains (TMN1180, 25 events).

revealed that *slrR* was expressed in chains (Fig. 1d), and that matrix and *slrR* expression were tightly correlated in time (Fig. 1e).

Several million cell divisions were imaged, but we only report data for the fates of the uppermost cell in each channel, as these could be monitored throughout the experiment without being washed away (Fig. 2a and Supplementary Video 2). We thus tracked the histories of thousands of individual bacteria through ~ 300 generations of growth. To define more precisely the motile and chained states, we found thresholds on the matrix reporter that coincided with onset of matrix expression and the subsequent return of motility, but similar results were obtained for a range of thresholds (Extended Data Fig. 1). All measured properties remained constant in time and across the device: a generation time of ~ 27 min was sustained for as long as 7 days (Extended Data Fig. 2), chaining occurred at a uniform rate (Extended Data Fig. 3), and within each lineage there was no correlation between the lengths of successive visits to the motile state (Fig. 2b) or the chained state (Extended Data Fig. 4). The switching behaviour was thus homogeneous throughout the device and experiment duration, reflecting a stochastic process at steady state. With the influence of environmental

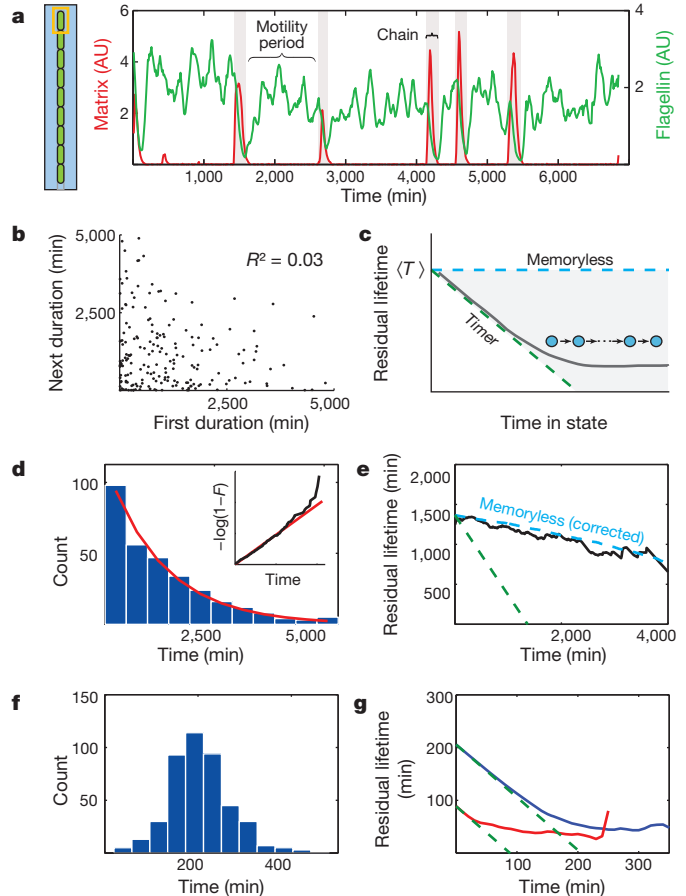


Figure 2 | Dynamics of cell-fate switching. This figure examines chaining in strain TMN1157 ($P_{hag-mKate2} P_{tapA-cfp} hagA233V$). **a**, The uppermost cell's fate was tracked in each channel, yielding traces of flagellin ($P_{hag-mKate2}$, green curve) and matrix ($P_{tapA-cfp}$, red curve) reporter expression. Five chaining events are shaded. AU, arbitrary units. **b**, Correlation between subsequent residence times in the motile state. **c**, Schematic of ageing curves. Memoryless switching (blue dashed curve) between states gives rise to horizontal curves, whereas deterministic timers (green dashed curve) create curves descending with slope -1 from the average duration of the state $\langle T \rangle$. Many other mechanisms are bounded by these extremes (Supplementary Information): for example, progression through a series of discrete, exponentially distributed steps yields the grey curve. **d**, Distribution of motility periods (307 events). Red curve shows exponential fit. Inset shows log transformed cumulative distribution function of motility period duration (black curve) and the exponential fit (red curve). **e**, The ageing curve for the motile state (black curve) is compared to the expectation for memoryless switching adjusted for undersampling of long motility periods (blue dashed curve; see Supplementary Information) and that for a timer (green dashed curve). **f**, Distribution of chain durations (440 events). **g**, Ageing curves for chains (blue curve) in cells wild type for *slrR* (TMN1157) and pulses (red curve) in *slrR* mutant cells (TMN1158, which is TMN1157 mutated for *slrR*). All qualitative features of distributions were replicated in at least three separate experiments and quantitative parameters in at least two.

changes removed, we next set out to characterize the autonomous motility and chaining programs.

Memoryless motility and timed chaining

We monitored transitions between motile and chained states to determine whether cells exercise temporal control, or if they exit states independently of their history. The latter memoryless behaviour would imply exponentially distributed residence times between events and thus a coefficient of variation (standard deviation divided by mean) in residence times of $CV = 100\%$, whereas other switching mechanisms could exploit history-dependence to produce narrower distributions. We

further quantified history dependence by asking how each state ‘ages’, as measured by mean residual lifetime curves, that is, the expected time left in a state given that the system is still there, as a function of time. Memorylessness produces horizontal ageing curves (blue line in Fig. 2c) whereas perfect timing produces linearly decreasing curves with a slope of -1 (green curve in Fig. 2c)⁴³.

The distribution of residence times in the motile state was almost perfectly exponential with a mean of ~ 81 generations (~ 36 h) and $CV \approx 100\%$ (Fig. 2d) after correcting for the length of the experiment (see Supplementary Information). The ageing curve also conformed to the expectation for an exponential random variable (Fig. 2e), and we observed no correlations between the residence times of successive events. Thus, despite the complex underlying circuit, cells decide to chain according to the simplest possible switching scheme: a motile cell does not ‘remember’ when it last chained, and the probability of chaining is the same whether the cell has been motile for one generation or hundreds of generations.

Chains displayed a radically different behaviour. The residence time distribution was sharply peaked at a mean of 7.6 generations and had a 28% relative standard deviation (Fig. 2f), resembling a gamma distribution with a shape parameter of 13 and with an ageing curve prototypical of tight timing before eventually flattening out (Fig. 2g). Thus, whereas motile cells set long average residence times and allow widely variable commitments, chains instead orchestrate briefer, tightly timed transitions. This difference makes teleological sense given their respective lifestyles. As motile cells grow as individuals, their properties are insensitive to how long they remain motile, leaving no obvious reason to keep track of the residence time. In contrast, any decision that depends on coordination among progeny will require some degree of memory. Chains have strong incentives to preclude both very short and very long commitments. The chained phenotype accumulates over time, where chaining for T generations produces chains of length 2^T . Relatively small differences in T then translate into great differences in chain length. Memoryless exit from the chained state would in fact have extreme consequences, where many chains would break down almost instantaneously whereas others could contain millions of cells. The narrow time distribution guarantees a minimum chain length while preventing a high fraction of cells from effectively entering the chained state irreversibly.

Memoryless initiation from noisy antagonism

Slow and memoryless switching can arise from positive feedback loops, in which rare fluctuations allow the system to break out of the basin of attraction of each stable point⁴⁴. Indeed, one of the key features of the motility-chaining decision network is the SinR–SlrR double negative feedback loop. As expected, mutating *slrR* eliminated chaining: over the course of a 6-day experiment, we saw sustained high expression of flagellin in all cells and observed no morphological evidence of cells growing as connected groups. However, our sensitive time-lapse microscopy allowed us to detect exceedingly rare and weak expression signals, showing that an *slrR* mutant exhibited small and infrequent bursts of matrix expression (Fig. 3a and Supplementary Video 3). We refer to these events as pulses, to distinguish them from chains that pair high matrix expression with repression of flagellin. We note that they also appear in the wild-type data, but fail to trigger expression of *slrR* (Extended Data Fig. 5). Notably, the residence times between subsequent initiation attempts, whether resulting in chains or pulses, followed indistinguishable exponential distributions for wild-type cells and the *slrR* mutant (Fig. 3b). Removal of SlrR thus abolished the chaining phenotype, but left the memoryless process of initiation perfectly intact.

Having determined that initiation arose from a factor upstream of the feedback loop, we examined the SinI protein that antagonizes SinR during biofilm formation. SinI was sufficient to drive chaining, as cells containing an IPTG (isopropyl β -D-1-thiogalactopyranoside)-inducible *sinI* gene rapidly chained upon induction. It was also necessary: cells

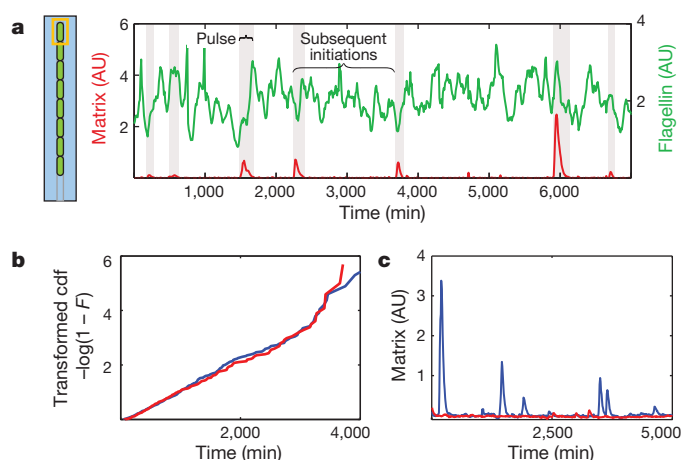


Figure 3 | Memoryless initiation of chaining. **a**, An example trace of flagellin (P_{hag} -*mKate2*, green curve) and matrix (P_{tapA} -*cfp*, red curve) reporter expression from *slrR* mutant cells (TMN1158). Seven matrix pulses are shaded. AU, arbitrary units. **b**, Log transformed cumulative distribution functions of times between subsequent initiations (of pulses or chains) in cells from wild type (blue curve, TMN1157, 399 events) or mutant for *slrR* (red curve, TMN1158, 296 events) strains. Plotted this way, exponential distributions yield straight lines. This result separately reproduced in a strain with different fluorescent reporter proteins. **c**, Example matrix expression traces in *slrR* mutant cells (blue curve, TMN1158), and in *slrR* mutant cells further deleted for the initiator (*sinI*) (red curve, TMN1198).

mutant for SinI did not chain, and pulses were absent in cells doubly mutant for SinI and SlrR (red curve in Fig. 3c). These results suggest that noisy antagonism of SinR by SinI drives spontaneous chaining in a way that is quantitatively independent of the SlrR feedback control system, as discussed below.

To test how cells control the duration of the chained state, we briefly switched (10 min) on the inducible *sinI* gene to provide a defined initiating signal (Fig. 4a and Supplementary Video 4). Notably, the ageing behaviour of the resulting chains was virtually identical to that of spontaneously occurring chains (see Figs 4b and 2g). Even switching on SinI synthesis a second time in cells that had started to revert from chaining (3 h after first pulse) or using a longer initiating signal led to no increase in the average duration of the resulting chains (Extended Data Fig. 6). The chained state is thus stereotyped: once a signal to chain is registered, the same program is executed in a way that is independent of the nature of the initiating signal or of the history of the cell. This tight timing is an intrinsic property of the SinR–SlrR feedback loop rather than the initiating event, as the spontaneous pulses seen in *slrR* mutant cells showed little evidence of temporal organization (red curve in Fig. 2g). Furthermore, chains lasted longer than pulses under both spontaneous and induced conditions (Figs 4c, d), suggesting that the feedback loop coordinated action after the initiating signal had faded. Indeed, adding an additional copy of *slrR* to strengthen feedback led to longer chaining events (Extended Data Fig. 7). Thus, we again see network modularity⁴⁵: just as the SinR–SlrR feedback loop did not affect the initiation of chaining, the duration of the chained state was independent of the initiation process.

To dissect how cells time their exit from the chained state, we analysed the temporal pattern of gene expression during hundreds of chaining events. Examining the rate of gene expression in these traces (Methods) revealed two distinct phases: a build-up phase of matrix expression was followed by a pure dilution phase when expression was negligible and levels exponentially decreased due to growth (Fig. 4e). Motility then reinitiated once levels fell below a threshold. The two phases were approximately equal in length, with the duration of the dilution phase more narrowly distributed than the build-up phase ($CV_{\text{build-up}} = 0.44$, $CV_{\text{dilution}} = 0.23$).

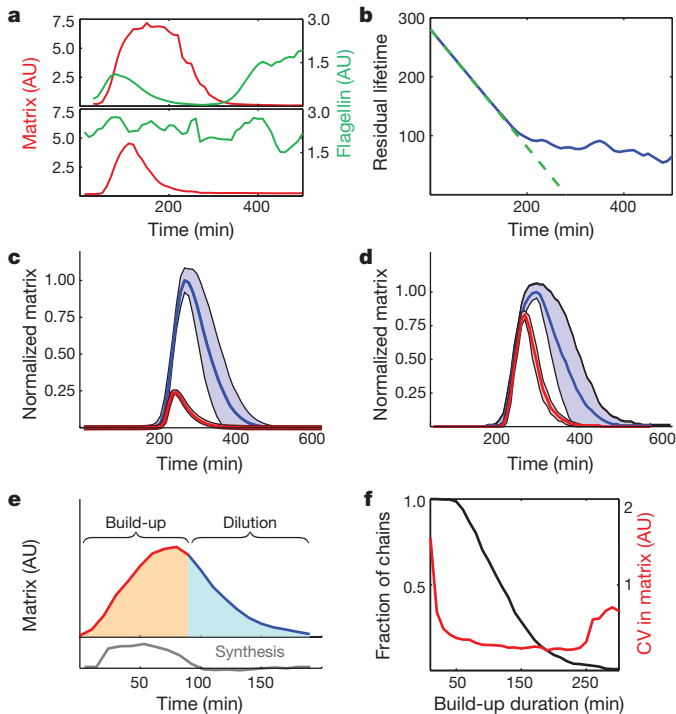


Figure 4 | SlrR executes a stereotyped chaining program. **a**, Example matrix and flagellin traces from strains where chaining (top panel, TMN1195 = $P_{hag-mKate2} P_{lapA^{-}} cfp_{hagA233V} P_{spank-sinI}$) or pulsing (bottom panel, TMN1196, which is TMN1195 mutated for *slrR*) were inducible by addition of IPTG. AU, arbitrary units. **b**, Ageing curve for induced chains is shown (177 events). Green dashed curve shows expectation for a timer. **c**, Average matrix expression profiles for chains arising spontaneously (blue curve, TMN1157, 198 events) and pulses arising spontaneously in *slrR* mutant cells (red curve, TMN1158, 278 events). Shaded regions denote ± 1 standard deviation. Average profiles are scaled to reflect the average height difference between chains and pulses. **d**, The same analysis for chains (blue curve, TMN1195, 26 events) and pulses (red curve, TMN1196, 42 events) induced by addition of IPTG. **e**, Matrix expression during chaining naturally breaks down into a build-up phase (red curve), where synthesis of new proteins dominates, and a subsequent dilution phase (blue curve). Grey curve shows the calculated synthesis rate (see Supplementary Information) used to call the two phases. **f**, Long build-up phases reduce noise in matrix expression by time averaging. The plot shows the fraction of chains achieving a build-up phase of a given duration (black curve) and the variability in matrix expression of those chains (red curve). Similar results have been obtained in three replicate experiments.

Expression rates in the build-up phase varied substantially between chains at any given time (Extended Data Fig. 8), but also over time in any given cell. By ensuring that each chain committed to an extended build-up phase, SlrR allowed cells to effectively ‘time-average’⁴⁴ over such noisy expression rates as the total amount of accumulated protein reflected the average of a long history of expression. Because the build-up phase was longer than the correlation time of the random expression process, the variability between chains in matrix gene expression decreased substantially as the build-up phase progressed (Fig. 4f).

Variation in the outcome of the build-up phase meant that cells with higher expression require more time to dilute, but the mechanism of dilution naturally suppresses this heterogeneity. First, because the dilution rate is set by cell growth rather than by a noisy reaction network, dilution can potentially extend the time spent in the state without adding heterogeneity. Indeed, we found that the dilution phase proceeded largely deterministically: the reporter’s intensity at the onset of dilution precisely predicted the exit time, and the trajectories were well described by exponential decay (Extended Data Fig. 9). The threshold marking the end of dilution and entrance into the motile state thus

seemed high enough that random segregation of molecules between daughter cells at low numbers^{10,46} was made irrelevant. Second, the exponential nature of dilution—reducing levels twofold every generation—further tightened control by making the timing robust to heterogeneity in the initial level of protein. Specifically, the time spent diluting then depends logarithmically rather than linearly on the initial amount. Cells that, by chance, have much more or less protein initially, will then vary marginally in the time spent diluting. Indeed, the 30% deviations in matrix abundance at the onset of dilution was reduced to a 23% deviation in the dilution time, closely following the expectation from a noise-free exponential dilution process (Supplementary Information). Thus, by extending the build-up phase in chains, SlrR is responsible for translating widely variable initiating signals into a precisely timed pattern of gene expression.

Memory enables multicellular cooperation

The choice between motility and multicellularity is central to the lives of many bacteria, as cells must relinquish their autonomy to benefit from living together^{22,23}. The chaining program may underlie the earliest steps of multicellularity: by coordinating behaviour across many generations, the tight timing provided by SlrR enforces cooperation among the progeny of a cell that initiates a new sessile community. The long-term commitment to chaining seen during biofilm formation could in turn rely on continued initiation or on feedback mechanisms that lock cells into the multicellular state. Although we saw no evidence that SlrR feedback could provide the requisite commitment, the initiator SinI is indeed strongly expressed both in response to desirable niches (for example, plant polysaccharides)⁴⁷ and growth-related stresses (for example, starvation or hypoxia)^{24,26}. Our results show that different environmental signals are channelled into the same robust chaining behaviour, and cessation of the stimulus ultimately leads to coordinated exit. Maintenance is thus contingent on continued stimulation, but even small signals will suffice to renew commitment. The role of SlrR feedback may thus be to provide a well-defined ‘trial period’ of multicellular growth, the continuation of which is periodically re-evaluated.

Regulation of chaining weaves together stochastic gene expression, transcriptional feedback and post-translational regulation. Any quantitative property of the decision could therefore have been a product of several factors acting together. Yet observation of thousands of chaining decisions free from environmental influences revealed a modular network that separates initiation from control of the residence time; eliminating one function leaves the other intact in quantitative detail, allowing the overall behaviour to be explained in terms of these two pieces. This type of excitable dynamics, in which the system is randomly kicked out of a stable state but returns after a well-defined excursion, is often explained in terms of linked feedback loops, and has been implicated in other *B. subtilis* decision networks^{16,17}. In this case, however, an exceedingly simple alternative mechanism may explain most of the behaviour. SinR and SinI are known to form an inactive complex with binding constants in the nanomolar range⁴⁸. Because more SinR is produced than SinI, SinR typically titrates out all free SinI molecules, thereby acting as a buffer against small fluctuations. However, a rare persistent accumulation of SinI levels transiently reverses the roles, leading to a buffering pool of free SinI instead. This mechanism can generate long periods of virtually no free SinI (corresponding to the motile state) followed by long stretches of SinI dominance, which induces chaining. The memory in the chained state is in turn largely explained by the production-dilution mechanism above, in which feedback could have a role in narrowing the probability distribution of time spent producing matrix proteins.

Other systems may also display memory and memorylessness for the times spent sessile and motile, respectively⁴⁹, but we suspect any broader principles will follow from the sensitivity of a phenotype to the time spent in the state. Decisions that aim only to set the occupancy of a particular state^{14,15,19} do not require explicit timing, and

may therefore randomize commitments with memoryless switching. In contrast, when the effectiveness of a cell-fate choice is tied to population size⁵⁰, timed decision making could again be used to ensure cooperation among progeny. In metazoans, stochastic cell-fate decisions are often stabilized after the fact by lateral inhibition¹⁸. Timing the adopted state could provide an initial window of commitment to give extracellular feedback time to take hold. Our approach—observing the cell's intrinsic dynamics while keeping everything else static for extended periods of time—may reveal that many complex developmental choices can be explained by surprisingly simple dynamical principles in individual cells.

METHODS SUMMARY

Strains were grown to high density and loaded into freshly cast and bonded microfluidic chips. A straight flagellum mutation in all strains (*hagA233V*) prevents the flagellum from generating force so that motile cells cannot swim out of the channels. Fresh LB medium was continuously supplied using syringe pumps, and an automated fluorescence microscope maintained at 37 °C was used to image cells every 10 min. When needed, 10-min pulses of 100 μM IPTG were used to induce chaining. The top cell in each channel was segmented (Extended Data Fig. 10) and its fluorescence was quantified using a Matlab analysis pipeline. Resulting reporter traces were used to produce residence time distributions by finding thresholds on the matrix reporter that identified when the signal was first distinguishable from background, and when motility reporter expression subsequently returned. The time between these two points was defined as the duration of a chain or pulse, and the time between subsequent peaks was defined as the time spent motile. The log transform of a cumulative distribution function $F(t)$ is $-\log[1 - F(t)]$, which for exponential distributions yields a straight line. For a distribution of times T , the ageing curve is $m(t) = E[T - t | T > t]$. Average chain and pulse profiles were compiled by normalizing each peak height to 1, registering the leading edges and averaging the aligned peaks. This normalization removes variation due to peak height but leaves variation due to timing behaviour intact. Chain 'build-up' and 'dilution' phases were identified by fitting matrix reporter traces to a kinetic model and extracting expression rates at each point. The build-up phase extends from beginning of the chain to the point where the dilution rate is fivefold larger than the matrix expression rate, and the dilution phase comprises the remainder of the chain.

Online Content Any additional Methods, Extended Data display items and Source Data are available in the online version of the paper; references unique to these sections appear only in the online paper.

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Supplementary Information is available in the online version of the paper.

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Author Contributions T.M.N. and N.D.L. designed and fabricated the microfluidic device, cloned strains and collected the data. All authors were involved in conceiving the study, analysing results and writing the paper. J.P. and R.L. are corresponding authors.

Author Information Reprints and permissions information is available at www.nature.com/reprints. The authors declare no competing financial interests. Readers are welcome to comment on the online version of the paper. Correspondence and requests for materials should be addressed to J.P. (Johan_Paulsson@hms.harvard.edu) or R.L. (losick@mcb.harvard.edu).

METHODS

Strain construction. All strains were derived from *Bacillus subtilis* NCIB3610 using standard molecular biology techniques. Strain genotypes, full construction details and a list of primer sequences are provided in the Supplementary Information. To prevent motile cells from swimming out of the channels, all strains bore a *hagA233V* straight flagellum mutation, which impairs the ability of the flagellum to generate force while leaving its construction intact⁴².

Microfluidic device fabrication. The master mould for the device was fabricated in four layers by ultraviolet photolithography using standard methods (for detailed protocol, see Supplementary Information). For each layer, Shipley or SU-8 (Microchem) photoresist was applied to a silicon wafer by spin coating to appropriate thickness (corresponding to the channel height) and patterns were then created by exposing the uncured photoresist to ultraviolet light through custom quartz-chrome photo-masks (Toppan Inc.).

Microfluidic devices were fabricated by moulding channel features into a polydimethylsiloxane (PDMS) slab and then bonding that slab to a glass coverslip. To produce the slab, dimethyl siloxane monomer (Sylgard 184) was mixed in a 5:1 ratio with curing agent, poured onto the silicon wafer master, degassed under vacuum, and cured at 65 °C overnight. Holes to connect the feeding channels to the external tubing used for medium perfusion were then introduced using a biopsy punch, and individual chips were cut and bonded onto KOH-cleaned cover slips using oxygen plasma treatment the day of the experiment. Bonded chips were baked at 65 °C for at least an hour before use.

Cell preparation and device loading. Immediately before use, the microfluidic device was passivated with a 10 mg ml⁻¹ solution of bovine serum albumin (BSA). *B. subtilis* cells were grown to late stationary phase in LB to decrease their size and thus increase efficiency of loading. They were then passed through a 5 µm filter (Pall Acrodisc) to remove chains, concentrated by centrifugation, and injected into the feeding channel. The chip was mounted on a custom-machined platform that could be inserted into a standard bench-top centrifuge, and cells were forced into the cell channels by centrifugation. Syringes containing LB medium with 0.1 mg ml⁻¹ BSA were connected to the device using Tygon tubing (VWR), and were pumped at a flow rate of 3 µl min⁻¹ using syringe pumps (New Era Pump Systems). BSA was provided as a lubricant to prevent cells (and chains in particular) from adhering to the surface of the main feeding conduit as they are pushed out of the device.

Microscopy and image acquisition. The microfluidic device was mounted on a fluorescence microscope immediately after loading. We used a Nikon Eclipse Ti inverted microscope equipped with an Orca R2 (Hamamatsu) camera, a ×60 Plan Apo oil objective (NA 1.4, Nikon), an automated stage (Ludl), and a Lumencor SOLA fluorescent illumination system. Image acquisition was performed using Matlab scripts interfacing with µManager⁵¹. The microscope was encased in a custom-built incubator that maintained it at 37 °C throughout the experiment. The following filter sets were used for acquisition: GFP (Semrock GFP-1828A), mKate2 (Semrock mCherry-B), CFP (Semrock CFP-2432C), YFP (Semrock YFP-2427B). The *slr1/tapA* co-expression experiment was performed on an almost identically configured microscope that instead had a Lumencor SPECTRA fluorescent illumination system. Exposures were done at very low illumination intensities with 2 × 2 binning (CCD chip dimension of 1,344 × 1,024 pixels, pixel size of 6.45 µm × 6.45 µm) and typical acquisition periods of 200–500 ms. The Lumencor light sources produce little ultraviolet or infrared light, obviating the need for supplementary filters to block these wavelengths. Cells were allowed to equilibrate in the device for several hours before imaging, and all data before the first chain or pulse in each lineage was ignored in subsequent analysis. Images were acquired every 10 min and saved as 16 bit TIFFs. Focal drift was controlled through the use of the Nikon PerfectFocus system and a custom-built, image-based autofocus that imaged a sacrificial position over many planes.

Induction of chaining with IPTG. To induce chaining, two syringes carrying either LB with 0.1 mg ml⁻¹ BSA or LB with 0.1 mg ml⁻¹ BSA and 100 µM IPTG (isopropyl β-D-1-thiogalactopyranoside) were connected via soft tubing to a Y-junction connector that fed into a common line connected to the device. The line that was not in use was clamped shut with a binder clip. Each syringe was

loaded into an independently controlled syringe pump, and a pulse of IPTG was produced by switching to the IPTG-bearing syringe for 10 min.

Image processing and lineage construction. All data analysis was based on a custom Matlab image processing pipeline described in detail in the Supplementary Information. For each image, the top cell in each channel was identified as summarized in Extended Data Fig. 10. The mean fluorescence intensity within these cells was then calculated for each fluorescence channel. A simple tracking algorithm was used to follow cells as they grew and divided, producing long lineages lasting the duration of the experiment. Cell division events were identified by looking for instances where a cell's calculated area dropped to less than 60% of its previous value. If a tracked cell died spontaneously, the algorithm continued the lineage from the dead cell's closest relative.

Measuring residence times in the two states. Motility and chaining durations were called by examining the trace of *P_{tapA}-cfp* fluorescence within a lineage. To identify the level of background fluorescence, rough peaks were identified using a peak-finding algorithm (N. C. Yoder, available at <http://www.mathworks.com/matlabcentral/fileexchange/25500-peakfinder>) on traces smoothed with a Savitzky-Golay filter, and the average fluorescence outside these peaks was subtracted from all traces. Final peak boundaries were called where the matrix reporter signal crossed pre-defined thresholds. These thresholds were chosen to correspond to phenotypic transitions: onset of matrix gene expression defines the beginning of the peak, and onset of motility gene expression defines the end (Extended Data Fig. 1). We note that the main conclusions of the paper are insensitive to the threshold values (Extended Data Fig. 1). All peaks were manually curated before calculating statistics.

With the cell-fate history of each lineage in hand, we compiled statistics describing residence time in the chained state (chain/pulse periods) and residence time in the motile state (subsequent initiation times and motility periods). We define a chain or pulse period as the duration of matrix expression within a peak (identified as described above) and the motility period as the duration of uninterrupted motility gene expression between chaining events. In Fig. 3b, we instead measured the time between the start times of consecutive peaks ('subsequent initiations'), meaning either chains or pulses. Owing to the long average residence time in the motile state, long motility periods are difficult to sample adequately. We account for this issue in the calculation of motility-related statistics, and include a complete discussion of the correction in the Supplementary Information.

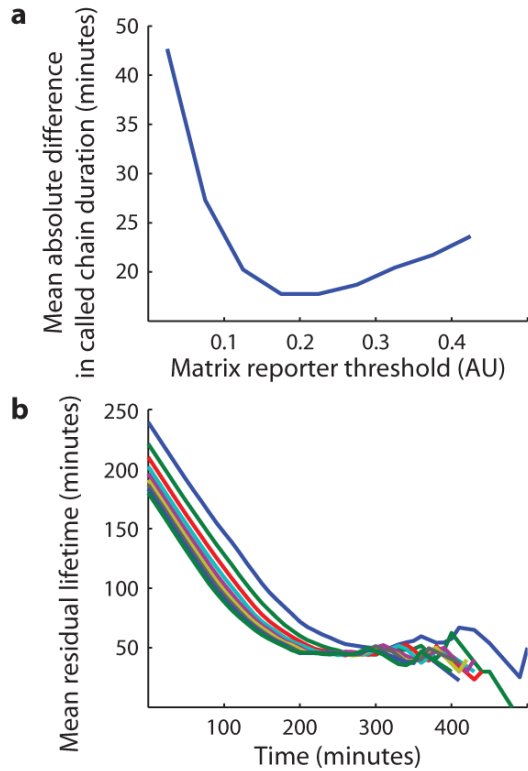
Log transformation. We define the log transformation of a cumulative distribution function $F(t)$ as $-\log[1 - F(t)]$. This transformation facilitates comparisons, as exponential distributions are transformed to straight lines.

Memory (mean residual lifetime). We measured the memory associated with each state using the mean residual lifetime, defined as $m(t) = E[T - t | T > t]$ for a distribution of residence times, T . The mean residual lifetime at time t is the average amount of time a cell will remain in its current state given that it has already spent t time units there.

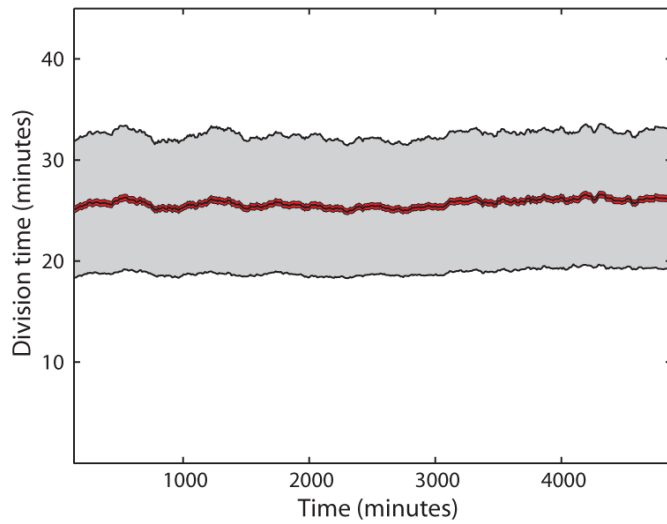
Average expression profiles. Average profiles of matrix gene expression during pulses and chains were created by normalizing all measured events' heights to 1, aligning the events' leading edges, and averaging the expression values at each time point. This procedure normalizes away variability in peak height so that variation between average traces derives primarily from differences in timing.

Identifying chain build-up and dilution phases. Each chaining event was decomposed into 'build-up' and 'dilution' phases based on rates of matrix reporter synthesis and dilution that were calculated from each trace. Briefly, traces were smoothed using a Savitzky-Golay filter, the resulting polynomial was differentiated, and the rate of expression was inferred from a kinetic model of gene expression (see Supplementary Information) that assumed a time varying synthesis rate and exponential degradation of reporter. The build-up phase was defined as the time over which the synthesis rate of reporter was at least 20% of the dilution rate, and the dilution phase was the remaining time in which dilution dominated.

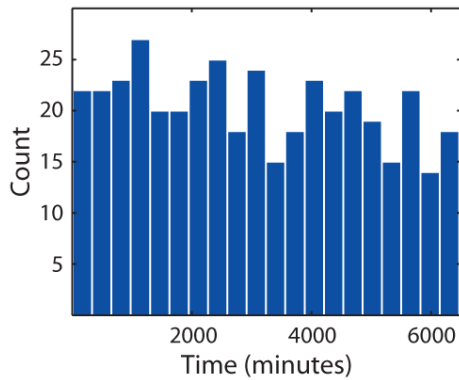
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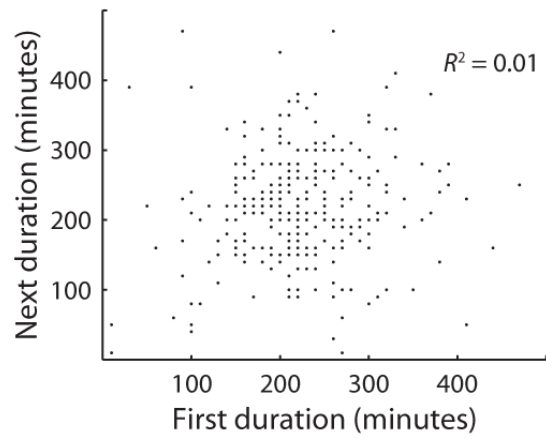
Extended Data Figure 1 | Ageing behaviour is independent of choice of threshold. Initially, the duration of a chaining event was called as the time between when matrix expression was first detectable to when flagellin expression began to increase. However, to compare chains (in strain TMN1157) and pulses (in strain TMN1158), we examined whether it was possible to call the end point using only the matrix reporter, as flagellin expression does not fall during pulses. In both methods, the beginning of a chain was called as the time when the matrix signal was first detectable above background fluctuations (~ 0.033 arbitrary fluorescence units, AU; see Supplementary Information). **a**, To call the end of a chain using only the matrix signal, various thresholds were applied. The figure plots the difference in chain duration between this single reporter method for different thresholds and the two reporter method. A threshold of 0.15 AU called the duration of chaining to within 20 min of the two-reporter method and was used throughout the text to call the end of the events. **b**, To show that the primary conclusions are unchanged by the choice of threshold, the ageing curves for the chained state are plotted for all thresholds shown in the previous panel. As the motile state is extremely long in comparison to the chained state, properties of the motile state are completely insensitive to how we called chains.



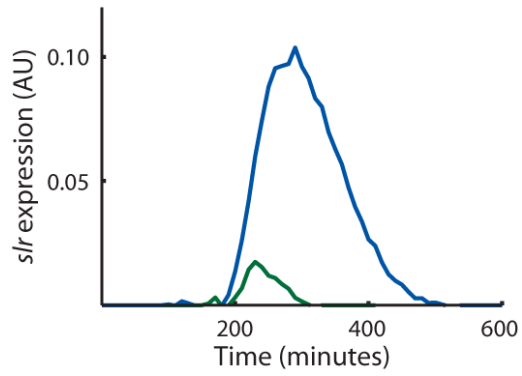
Extended Data Figure 2 | Cell growth is homogeneous in time. Sliding window average of division time plotted as a function of time (in strain TMN1158). Each point in the curve represents the average of all division times that occurred within a 250-min window. The grey shaded area denotes ± 1 standard deviation, whereas the red shaded error denotes ± 1 standard error of the mean. A flat trend indicates that conditions in the device do not change in time.



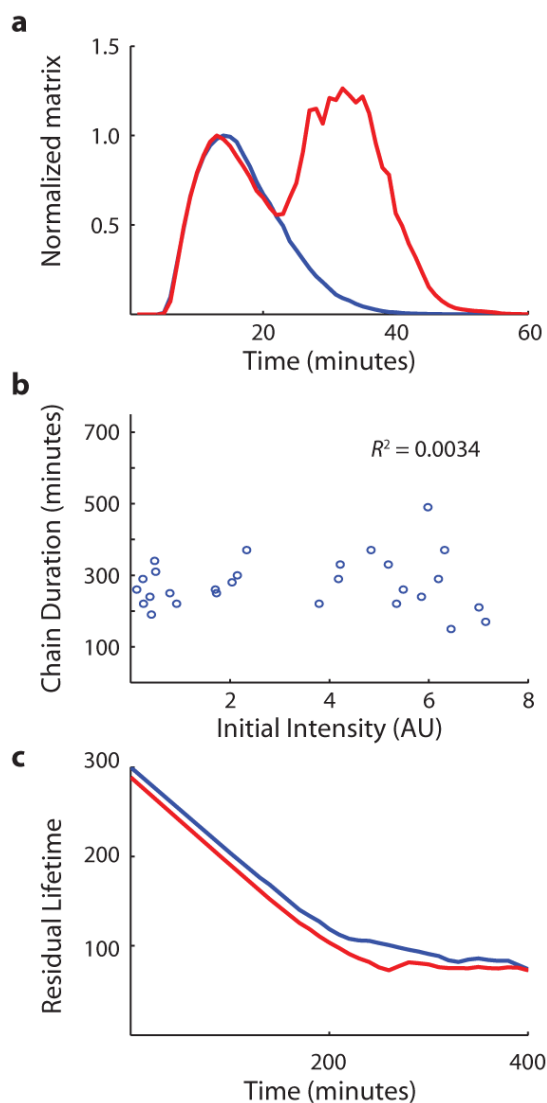
Extended Data Figure 3 | Chaining incidence is constant in time. Histogram of the number of chaining events observed in successive 330-min windows in the experiment described in Fig. 2 of the main text. As the number of observed lineages was constant throughout the experiment, these measurements reflect the average chaining rate in each window. A flat trend occurs when this average rate is constant in time, and thus that the factors controlling the switching decision have reached stationarity. Chains occurring early in our experiments were excluded from subsequent analysis to avoid any transient effects associated with adapting to growth in the device (Supplementary Information).



Extended Data Figure 4 | Successive visits to the chained state are uncorrelated. Scatter plot of the durations of sequential visits to the chained state within each wild-type lineage (440 events), analogous to Fig. 2b for the motile state. Note that some points fall on top of each other owing to the discrete nature of the measurements.

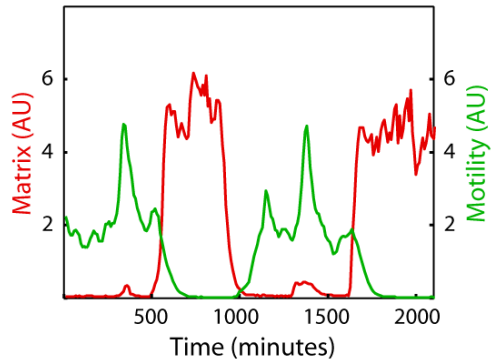


Extended Data Figure 5 | SlrR is expressed strongly only in chains. Average expression traces of *slrR* during chains (blue curve, 25 events) and pulses (green curve, 14 events) seen in strain TMN1180 (P_{tapA} -*cfp* P_{slrR} -*mKate2* *hagA233V*). AU, arbitrary units.

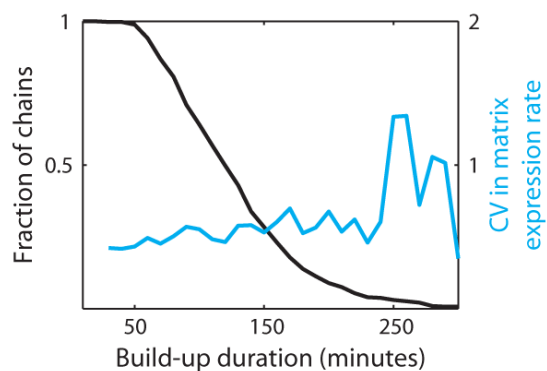


Extended Data Figure 6 | Chaining program is independent of cellular state.

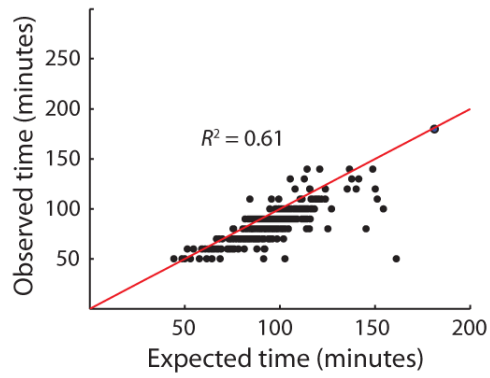
To test whether the initial state of the cell influenced the chaining program, cells (of strain TMN1195) were forced to chain with a burst of expression from an IPTG-inducible *sinI* gene (created by switching to medium containing 100 μ M IPTG for 10 min). When some cells began to return to the motile state (3 h later), a second IPTG treatment was administered. **a**, Average matrix expression profiles in chains induced by single pulses of IPTG (blue curve) or two consecutive IPTG pulses (red curve). The average amount of time spent as a chain after the second IPTG treatment was similar to the time seen in the chained state after a single treatment (260 min versus 280 min, 177 and 28 events, respectively). **b**, Scatter plot comparing matrix expression level (in arbitrary fluorescence units, AU) at the time of the second IPTG treatment to the duration of the ensuing chain, indicating that the state of the cell at the time of treatment had no effect on the subsequent chain duration. **c**, 10 min (blue curve, 84 events) and 20 min (red curve, 99 events) IPTG treatments were used to induce chaining, resulting in near identical distributions of chain durations. Note that the 10-min data set contained two exceptionally long chaining events that explain the slightly higher average duration.



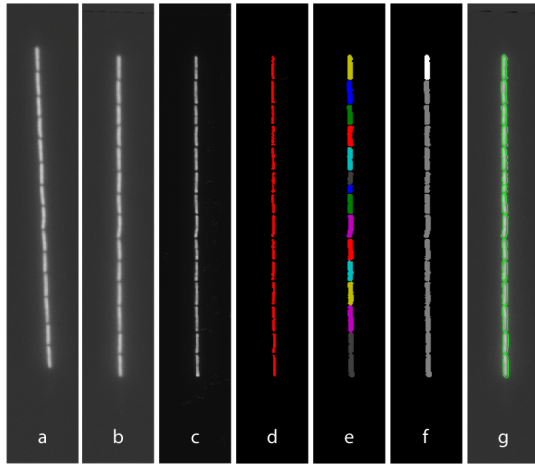
Extended Data Figure 7 | Strongly enhanced commitment to the chained state in strains overexpressing *slrR*. The figure shows an example trace of a chain made by the strain TMN1206 (P_{tapA} -*cfp* P_{hag} -*mKate2* *hagA233V* *ywrK*:: P_{slrR} -*slrR*), which bears an additional copy of the gene for SlrR under its native promoter. In this strain, most chains last long enough that they are eventually pulled out by the flow of fresh medium running through the device. Using the time to fall-out as a lower bound for the average duration of the chaining state suggests that the chained state lasts at least ~ 420 min (~ 15.5 generations) in these cells. AU, arbitrary units.



Extended Data Figure 8 | Variation in matrix expression rate over time during build-up phase. As described in the main text, chaining events can be naturally broken down into a build-up period, when new synthesis dominates, and a subsequent dilution period, where new synthesis is minimal. The rate of matrix reporter expression was calculated at each time point during the build-up period for all chaining events, producing a time-varying distribution of possible expression rates. The figure plots the coefficient of variation of this distribution, showing that expression rates show a roughly constant CV of ~ 0.5 over much of the build-up period. Note that most chains have ceased the build-up phase by about 250 min in, so the end of the graph is less informative. This figure should be compared with Fig. 4f, which shows that the CV in the abundance of the matrix reporter decreases over the same period due to the time averaging principle described in the main text.



Extended Data Figure 9 | Dilution phase is well described by a deterministic model for exponential decay. Scatter plot comparison of observed and predicted dilution phase durations in spontaneous chains. Expected dilution times were derived from a deterministic model for exponential decay of the reporter (Supplementary Information). Close proximity to the line $y = x$ (red line) indicates that the data are well described by the model.



Extended Data Figure 10 | Image processing used for image quantification.

a. Cells are identified using a constitutively expressed YFP construct. **b.** Images are rotated so that channels are oriented vertically. **c.** Images are contrast enhanced to better identify cell boundaries. **d.** Cells are preliminarily identified by edge detection. **e.** The mask identifying cells is improved by morphological processing. **f.** Mother cells are identified (highlighted in white). **g.** Superposition of segmented cell boundaries and rotated data YFP image.